Toolbox KITS

SLIPS, TRIPS AND FALLS TRAINING

Slips, trips and falls training

Standards: 29 CFR 1910.22, 1926.25 and related rules

About 35 minutes, with a 10-question quiz

38 slides | About 35 minutes | 10-question quiz | English + Spanish



SAMPLE

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MODULE 1

Why slips, trips and falls matter

- [ ] You do not have to be up high to get hurt. A fall on a flat floor can break bones or injure your head.
- [ ] In general industry, the definition of a fall hazard covers falls on the same level, not only falls to a lower level.
- [ ] A slip or trip can also throw you into machinery, traffic, a hole or an open edge.
- [ ] Spills, cords and clutter are easy to spot and easy to fix if someone takes a minute.
- [ ] **Everyone owns this**
  the person who sees the hazard deals with it or reports it.

SAMPLE

29 CFR 1910.21(b)

Toolbox KITS

Crew handout

Slips, trips and falls: crew handout

29 CFR 1910.21, 1910.22, 1910.176, 1926.25, 1926.501, 1926.1052

Do

- Walk your work area at the start of every shift and look down
- Clean up spills right away, or block them off and report them
- Keep aisles, stairs and exit routes clear at all times
- Run cords and hoses along walls or overhead, not across paths
- Keep hole covers in place, secured and marked
- Use the handrail and keep one hand free on stairs
- Wear footwear with good tread for the surface
- Report burned-out lights, curled mats and broken steps

Don't

- Step around a spill and leave it for someone else
- Run, or walk while looking at your phone
- Carry loads that block your view of the floor or steps
- Stack materials in aisles, exit routes or on stairs
- Move a hole cover unless you are told to and the hole is protected
- Rush across wet, muddy or icy surfaces

SAMPLE

Remember **See it, fix it or guard it, and report it so it gets fixed for good.**

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