Toolbox KITS

RESPIRATORY PROTECTION TRAINING

Respiratory protection training

Standard: 29 CFR 1910.134, which construction follows under 29 CFR 1926.103

About 45 minutes, with a 10-question quiz

39 slides | About 45 minutes | 10-question quiz | English + Spanish

SAMPLE

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MODULE 1

The hazard: what you breathe at work

01

Breathing air contaminated with harmful dusts, fogs, fumes, mists, gases, smokes, sprays or vapors can cause occupational disease.

02

Examples

cutting or grinding concrete and stone, sanding, welding, spray painting, and using solvents or strong cleaners.

03

Some contaminants give no warning you can see or smell.

04

First choice

keep the contaminant out of the air with engineering controls, such as enclosing the work, ventilation or a less toxic material.

05

Respirators are used when effective engineering controls are not feasible, or while they are being put in place.

06

When a respirator is necessary to protect your health, the employer must provide one.

29 CFR 1910.134(a)(1) · 1910.134(a)(2)

Toolbox KITS

Crew handout

Respiratory protection: crew handout

29 CFR 1910.134

Do

- Use the respirator and the filter or cartridge chosen for your task
- Get your medical evaluation and fit test before you wear a tight-fitting respirator on the job
- Wear only the make, model, style and size you were fit tested on
- Shave where the facepiece seals, and do a seal check every time you put it on
- Inspect it before each use and report damage right away
- Change cartridges on the schedule in the written program
- Clean it and store it in a clean bag or container so it keeps its shape
- Ask the program administrator when you are not sure which respirator a task needs

Don't

- Wear a dust mask for gases or vapors, like solvent or paint vapors
- Keep working if you smell or taste the chemical, breathing gets harder or the facepiece leaks
- Take your respirator off inside the work area to talk, wipe your face or fix it
- Borrow a respirator you were not fit tested on
- Tape, patch or put parts from another brand on a damaged respirator
- Leave it on the dash, in the sun or loose in a toolbox

SAMPLE

Remember

The right respirator, a good seal every time, and get out to clean air when it stops protecting you.

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