Toolbox KITS

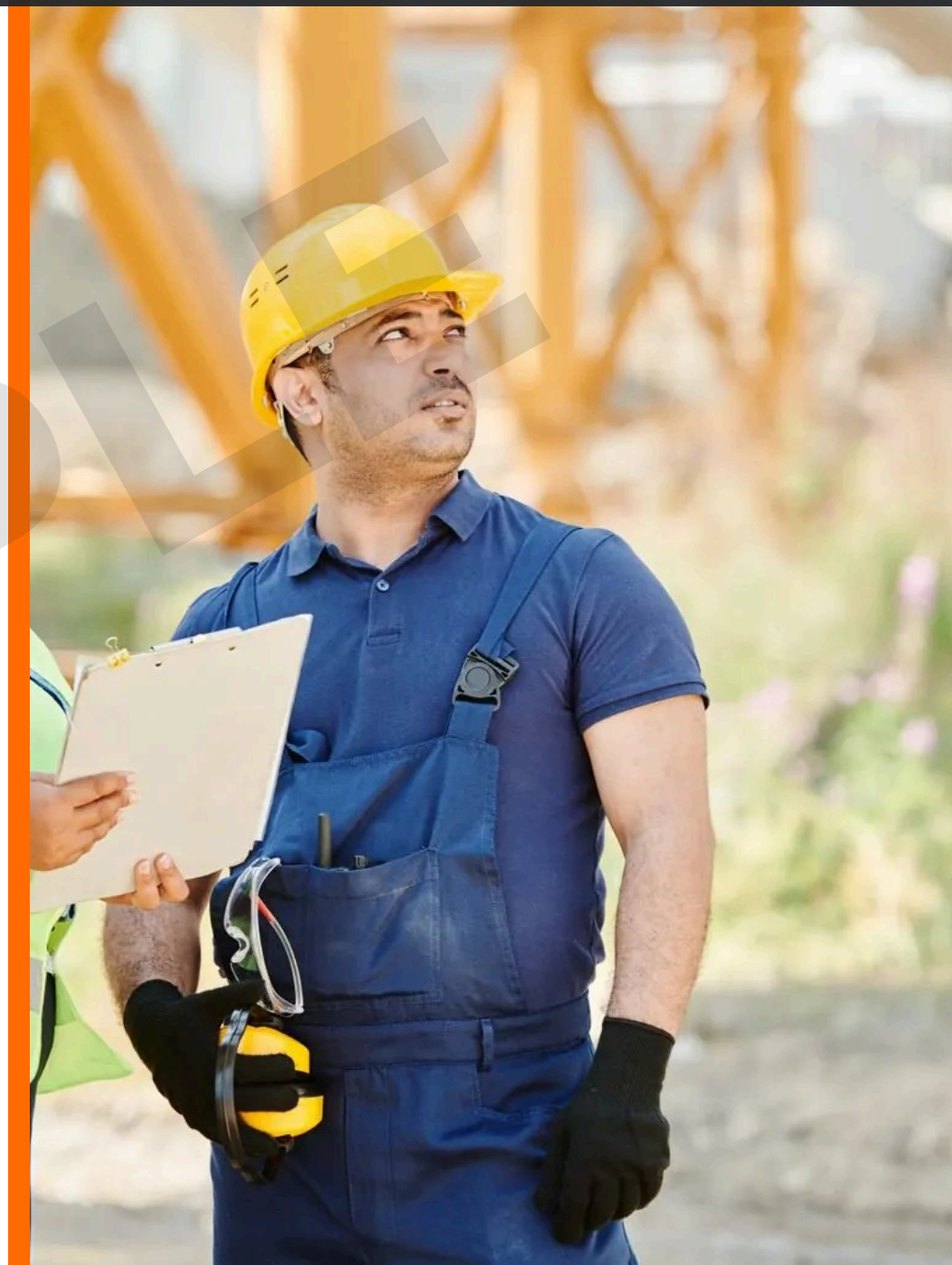
PINCH POINTS TRAINING

Pinch points training

Rules on machine guarding, lockout, equipment and cranes, plus the training duty in 29 CFR 1926.21(b)(2)

About 40 minutes, with a 10-question quiz

37 slides | About 40 minutes | 10-question quiz | English + Spanish



SAMPLE

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MODULE 1

The hazard: what a pinch point is

1	A pinch point is any spot where part of your body can get caught between a moving part and something solid, or between two moving parts.	
2	For power presses, OSHA defines a pinch point as any point other than the point of operation where a body part can be caught between moving parts, between moving and stationary parts, or between the material and moving parts.	1910.211(d)(44)
3	Machine guarding rules name ingoing nip points and rotating parts among the hazards to guard against.	1910.212(a)(1)
4	An ingoing nip point is where two parts turn toward each other, like a belt running onto a pulley. It can pull in whatever it catches.	
5	It happens in a split second. A caught hand can be crushed before you can pull it back.	
6	Gloves, sleeves and rags often get caught first and pull your hand in after them, and long hair can pull your head in.	

29 CFR 1910.211(d)(44) · 1910.212(a)(1)

SAMPLE

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Crew handout

Pinch points: crew handout

29 CFR 1910.211, 1926.21, 1910.212, 1926.300, 1910.147, 1926.600

Do

- Look for pinch points before you start: anything that moves, closes, rolls, swings or turns
- Keep guards on and report missing or damaged guards right away
- Shut down and lock out before you reach into a machine
- Use push sticks, hooks and tag lines so your hands stay clear
- Keep your hands on the sides of a load, never underneath
- Block or crib raised equipment before you work under it
- Make sure the operator knows before you go into a swing area
- Tie back long hair, take off jewelry and keep sleeves buttoned near moving parts

Don't

- Reach into a machine that can still move
- Remove, bypass or tie back a guard
- Put your arms or legs through a forklift mast
- Stand between a moving load or machine and something solid
- Trust hydraulics or a jack alone to hold something over you
- Wear gloves near spinning parts unless your supervisor says they are safe for that machine

SAMPLE

Remember **If it moves, find the pinch point and keep every part of your body out of it.**

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