Toolbox KITS

PERSONAL HYGIENE ON THE JOB TRAINING

Personal hygiene on the job training

Handwashing, water, food, clothing and cleanliness

Based on 29 CFR 1926.51 and 1910.141

About 40 minutes, with a 10-question quiz

30 slides | About 40 minutes | 10-question quiz | English + Spanish

SAMPLE



ToolboxKits by ALC Media LLC. Not affiliated with OSHA or the U.S. Department of Labor. Not legal advice.

MODULE 1

The hazard: what travels from your hands to your mouth

What can go wrong	→	What prevents it
Chemicals or dust swallowed with food	→	Soap and clean water for washing
Skin problems from contact	→	Potable drinking water, no shared cup
Germs spreading between workers	→	Food and drink away from toxic areas
Contaminated clothing carried home	→	Clean clothes and protective equipment
Eyes splashed with a corrosive product	→	Eyewash within the work area

SAMPLE

Toolbox KITS

Crew handout

Personal hygiene: wash, drink clean, eat clean, report

29 CFR 1926.51, 1910.141, 1910.151, 1910.132

Do

- Wash with soap and water before you eat, drink or smoke
- Wash after the toilet and after handling dirt, trash, fuel, paint or chemicals
- Use clean drinking water and your own cup
- Take breaks away from the work area
- Keep gear and clothes clean
- Know where the eyewash is
- Bag contaminated clothing separately
- Report missing soap, dirty water or broken toilets

Don't

- Do not share a drinking cup
- Do not eat or drink in a toilet room or toxic area
- Do not carry contaminated clothing home in your car
- Do not block the eyewash
- Do not ignore skin problems or illness

SAMPLE

Remember **Wash first, eat away from the work.**

ToolboxKits by ALC Media LLC. Not affiliated with OSHA or the U.S. Department of Labor. Not legal advice.