Toolbox KITS

INFECTION CONTROL AND FLU SEASON TRAINING

Infection control and flu season training

Rules: 29 CFR 1926.51 and 1910.141 (sanitation), 29 CFR 1910.1030 (bloodborne pathogens)

About 45 minutes, with a 10-question quiz

38 slides | About 45 minutes | 10-question quiz | English + Spanish



SAMPLE

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MODULE 1

The hazard: how germs spread at work

- [ ] Colds, flu and COVID-19 spread mostly from person to person when people cough, sneeze, talk or breathe close together.
- [ ] Germs also land on hands, tools and surfaces, then get into the body when you touch your eyes, nose or mouth.
- [ ] Some people spread a virus before they feel sick, or without ever feeling sick.
- [ ] Crews share trucks, tools, break rooms and water, so one sick person can pass a bug to many.
- [ ] Blood can carry other germs, such as hepatitis B virus (HBV) and human immunodeficiency virus (HIV). 1910.1030(b)
- [ ] Illness hits some people harder, like older workers, pregnant workers and people with health problems.

29 CFR 1910.1030(b)

SAMPLE

Toolbox KITS

Crew handout

Infection control at work: crew handout

29 CFR 1926.21, 1926.51, 1910.1030, 1910.134

Do

- Stay home when you are sick, and call your supervisor early
- Wash with soap and running water before eating, after the restroom and after coughing
- Scrub the backs of your hands, between your fingers and under your nails
- Cough or sneeze into a tissue or your elbow
- Wipe shared tools, truck controls and handles, and keep the surface wet as long as the label says
- Use your own water bottle or a single-use cup
- Put on gloves before you touch blood, and wash your hands right after
- Report every exposure to blood right away

Don't

- Come to work with a fever to tough it out
- Share a drinking cup, or dip anything into the water cooler
- Eat in the restroom or near chemicals
- Touch your eyes, nose or mouth with dirty hands or gloves
- Mix bleach with ammonia or other cleaners
- Touch blood with bare hands, or reuse disposable gloves

SAMPLE

Remember **Stay home sick, wash your hands, cover your cough and keep shared things clean.**