Toolbox KITS

HARNESS INSPECTION TRAINING

Harness inspection training

Inspecting, wearing and caring for a full body harness

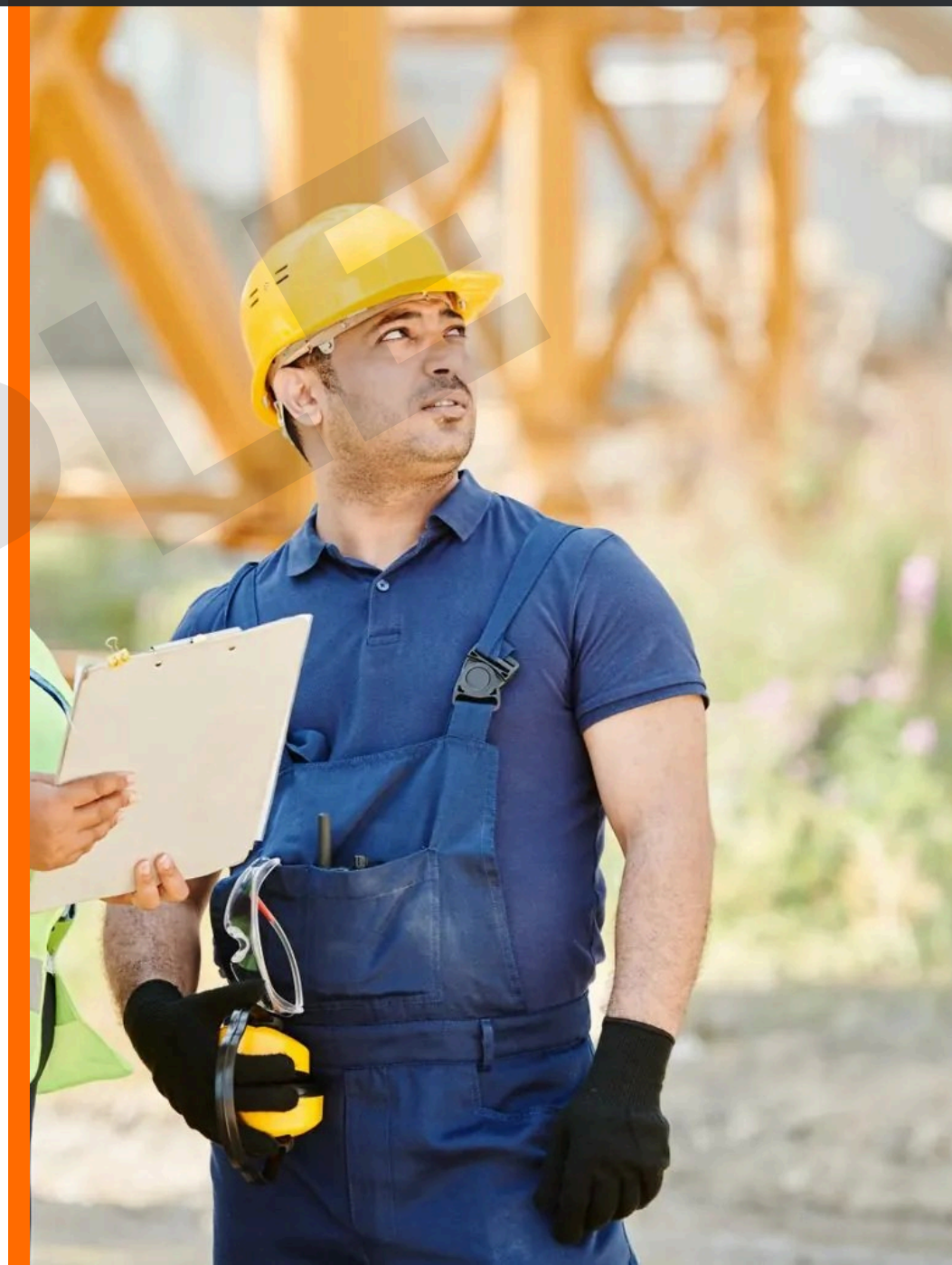
Based on 29 CFR 1926.502 and 29 CFR 1910.140

About 40 minutes, with a 10-question quiz

31 slides | About 40 minutes | 10-question quiz

English + Spanish

SAMPLE



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MODULE 1

The hazard: damage you cannot see from a distance

What can go wrong	→	Why it matters
Cut, frayed or burned webbing	→	A harness may be needed only once
Pulled or broken stitching	→	Damage can be hidden under a strap or a fold
Cracked or bent buckles and D-rings	→	Heat, dust and sun wear out straps
Chemical damage or mildew	→	A worn harness will not tell you until it fails

SAMPLE

Toolbox KITS

Crew handout

Harness inspection: check it before it has to save you

29 CFR 1926.502, 1910.140

Do

- Inspect the harness, lanyard and connectors before each use
- Run straps through your hands and look for cuts, burns, stains and stiff spots
- Check stitching, buckles, D-rings and the label
- Use locking snaphooks that fit and close
- Wear the attachment point in the center of your back near shoulder level
- Tag out damaged gear and tell your supervisor
- Store gear clean and dry, away from sun, heat and chemicals
- Know the rescue plan before you climb

Don't

- Do not use a harness after a fall until a competent person says it is okay
- Do not use a harness with cuts, burns, broken stitches or bent hardware
- Do not use gear for hoisting materials
- Do not attach to a guardrail
- Do not fix damaged gear yourself

SAMPLE

Remember **Check it on the ground so you can trust it in the air.**

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