Toolbox KITS

HAND SAFETY TRAINING

Hand safety training

29 CFR 1910.138, 1910.132 and 1926.28

About 40 minutes, with a 10-question quiz

38 slides | About 40 minutes | 10-question quiz | English + Spanish



SAMPLE

ToolboxKits by ALC Media LLC. Not affiliated with OSHA or the U.S. Department of Labor. Not legal advice.

MODULE 1

Your hands are in every task

- [ ] You grip, lift, guide, cut and feel with your hands, so they meet the hazard first
- [ ] All day long they work close to blades, moving parts, hot surfaces and chemicals
- [ ] A hand injury can keep you off work and change everyday life at home
- [ ] Hand injuries can be prevented when we plan where our hands go

SAMPLE

Toolbox KITS

Crew handout

Hand safety on the job

29 CFR 1910.138, 1910.132, 1926.28, 1910.212, 1910.147, 1926.301

Do

- Name the hazard first, then pick the glove made for it
- Check gloves for holes, cuts, swelling or stiffness before every use
- Wear gloves that fit snugly, with no loose material at the fingertips
- Use push sticks, tag lines or tools to keep fingers out of pinch points
- Keep guards in place and report any that are missing or broken
- Lock out and verify before any hand goes into a machine
- Inspect hand tools before use and tag bad ones out of service
- Report every hand injury, even a small cut

Don't

- Don't use a glove with a hole, cut or tear, or tape over the damage
- Don't reach under a load or into a jam, even for a second
- Don't wear loose gloves or rings near spinning parts
- Don't use a tool for a job it was not made for
- Don't check for hydraulic or air leaks with your hand
- Don't cut toward your body or hold the work in your palm

SAMPLE

Remember **If you cannot see your hand or pull it back, it does not go there.**

ToolboxKits by ALC Media LLC. Not affiliated with OSHA or the U.S. Department of Labor. Not legal advice.