Toolbox KITS

TRAINING KIT · 29 CFR 1926 SUBPART M

Fall protection training for construction

Edges, holes, guardrails, roofs, harnesses, anchorages, clearance and rescue. Every rule cited to the paragraph.

44 slides | About 60 minutes | 10-question quiz | English + Spanish

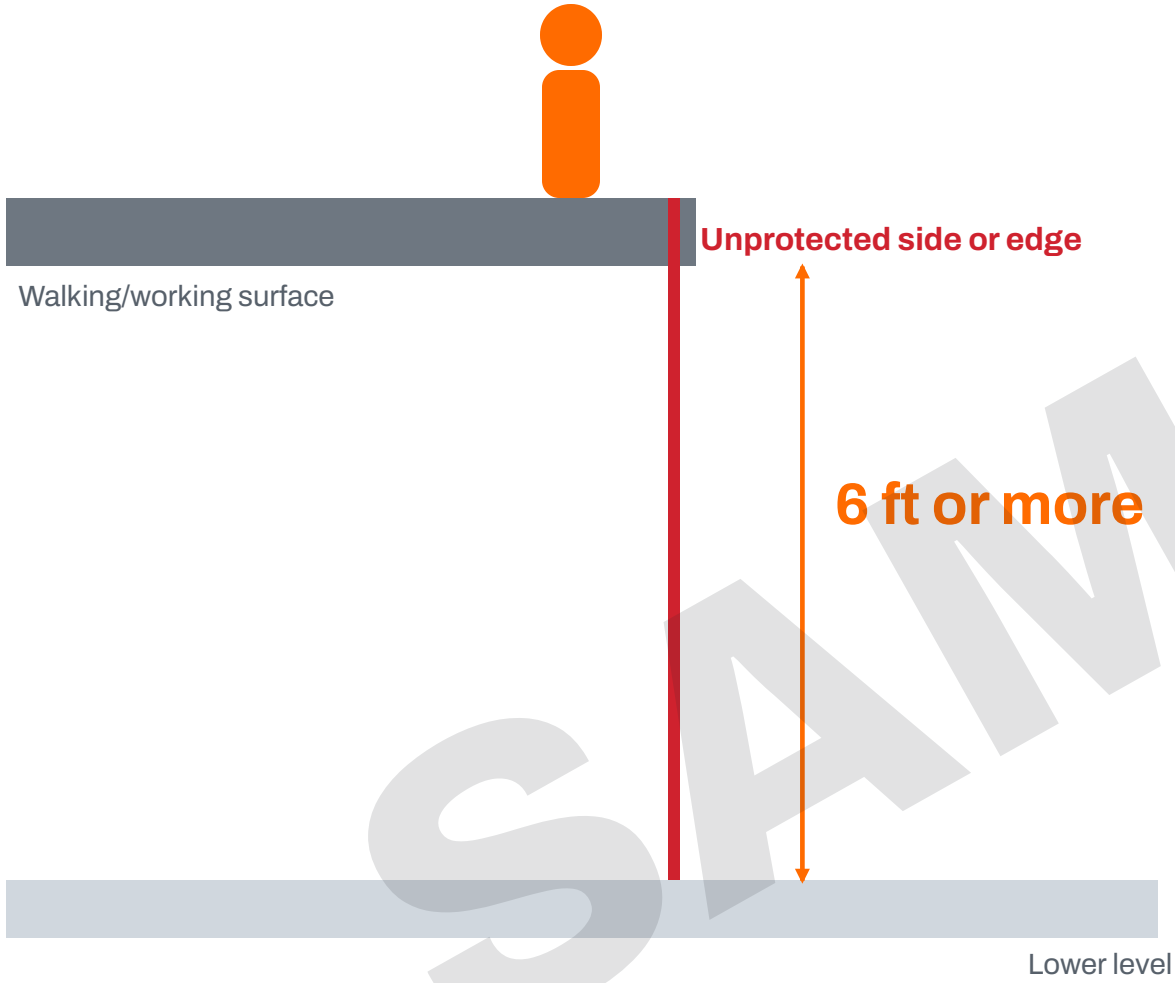


SAMPLE

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THE CORE RULE

6 feet or more above a lower level: protect the worker



Protect with at least one of these:

G — Guardrail system
Top rail, midrail, posts

N — Safety net system
Installed close below the work

P — Personal fall arrest system
Anchorage, harness, connectors

Before the work starts. Protection goes in first, not after.

29 CFR 1926.501(b)(1) · 1926.502(a)(2)

SAMPLE

Toolbox KITS

Crew handout

Fall protection: before you go up

29 CFR 1926.501, 1926.502, 1926.503

Do

- Find every open edge, hole and skylight before work starts
- Use guardrails and secured, marked covers wherever you can
- Inspect your harness, lanyard and connectors before each use
- Tie off only to an anchorage set up for fall arrest
- Check the clearance below before you clip in
- Clip in before you reach the edge, and stay clipped
- Know the rescue plan and where the rescue gear is
- Report damaged gear, missing covers and near misses right away

Don't

- Don't tie off to a guardrail, pipe, vent or conduit
- Don't use a body belt for fall arrest
- Don't lift a cover unless the hole is protected another way
- Don't use gear that stopped a fall until a competent person clears it
- Don't use your harness or lanyard to lift materials
- Don't work at an open edge, even for a minute, without protection

SAMPLE

Remember

No protection, no work: set it up, check your gear and know the rescue plan before you go near the edge.

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