Toolbox KITS

EYE AND FACE PROTECTION TRAINING

# Eye and face protection training

Standards: 29 CFR 1910.133, 1926.102 and 1910.132

About 40 minutes, with a 10-question quiz

37 slides | About 40 minutes | 10-question quiz | English + Spanish



SAMPLE

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MODULE 1

# The hazard: how eyes get hurt at work

| | |
|---|---|
| **Impact** | chips, sparks and particles from grinding, cutting, chipping, drilling and nailing. |
| **Dust and debris** | sanding, sweeping, demolition and blowing off with compressed air. |
| **Chemicals** | splashes, mists and vapors from acids, caustics, solvents and cleaners. |
| **Heat and molten metal** | welding, cutting, pouring and torch work. |
| **Light radiation** | welding arcs, cutting torches and lasers. |

**Even a small speck can scratch the eye, and some eye injuries cannot be undone.**

SAMPLE

29 CFR 1910.133(a)(1)

Toolbox KITS

Crew handout

# Eye and face protection: crew handout

29 CFR 1910.133, 1910.132, 1926.102, 1910.151

## Do

- Match your eye protection to the hazard before you start
- Use side protection whenever chips, sparks or particles can fly
- Wear goggles for dust and splashes, and a face shield over them for heavy splash or grinding
- Use a filter lens with the right shade for welding and cutting
- Inspect your eyewear before each use and replace it when it is damaged
- Clean your eyewear and store it in a case or a clean spot
- Know where the nearest eyewash is and keep the path clear
- Ask for prescription safety eyewear or protection that fits over your glasses

## Don't

- Push your glasses up on your head while the hazard is still there
- Use regular glasses, ordinary sunglasses or contact lenses as eye protection
- Wear eyewear that is cracked, pitted or missing side protection
- Wear a face shield alone without safety glasses or goggles
- Rub your eye if something gets in it
- Look at a welding arc without a filter lens

**Remember** **Match the protection to the hazard, and keep it on until the hazard is gone.**

SAMPLE