Toolbox KITS

EXTENSION CORD SAFETY TRAINING

Extension cord safety training

Choosing, inspecting, grounding and protecting cords

Based on 29 CFR 1926.404, 1926.405, 1926.416 and 29 CFR 1910.334

About 35 minutes, with a 10-question quiz

30 slides | About 35 minutes | 10-question quiz | English + Spanish



SAMPLE

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MODULE 1

The hazard: cords take a beating

What damages cords	→	What can happen
Being run over by carts and vehicles	→	Electric shock
Dragging across sharp edges	→	Fire
Pinching in doors and doorways	→	Tripping and falls
Lying in water or mud	→	Damaged tools
Pulling on the cord instead of the plug	→	Hidden damage inside the jacket

SAMPLE

Toolbox KITS

Crew handout

Extension cords: inspect, protect, ground

29 CFR 1926.405, 1910.334, 1926.404, 1926.416

Do

- Use a three-wire cord designed for hard or extra-hard usage with portable tools
- Inspect every cord, plug and connector before use
- Plug into GFCI protection
- Keep the grounding prong in place
- Keep connections dry and off the ground
- Protect cords at doorways and pinch points
- Keep walkways clear of cords
- Tag damaged cords out of service

Don't

- Do not use worn or frayed cords
- Do not tape over a cut and keep working
- Do not cut off or bend back the grounding prong
- Do not staple cords or hang them from nails or wire
- Do not lift or lower a tool by its cord

SAMPLE

Remember **Look at the cord before you plug in. If it is damaged, tag it out.**

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