Toolbox KITS

DISTRACTED DRIVING TRAINING

Distracted driving training

Phones, loose items, passengers and other distractions

Based on the general training duty and the rules in 29 CFR 1926.601, 29 CFR 1926.1417 and 29 CFR 1910.178

About 35 minutes, with a 10-question quiz

29 slides | About 35 minutes | 10-question quiz

English + Spanish



SAMPLE

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MODULE 1

The hazard: three kinds of distraction

Eyes off the road	→	Hands off the wheel and mind off driving
Reading a text or checking a map	→	Reaching for something that fell
Looking at a screen or loose item	→	Eating or adjusting controls
Looking at a passenger	→	Thinking about the job instead of the road

SAMPLE

Toolbox KITS

Crew handout

Distracted driving: eyes up, hands on, mind on the road

29 CFR 1926.21, 1926.601, 1926.1417, 1910.178

Do

- Set GPS, music and screens before you move
- Silence the phone or put it out of reach
- Secure tools and loose items before you start
- Buckle up and set your seat and mirrors
- Check your vehicle at the start of every shift
- Park in a safe place for calls and texts
- Let passengers handle the phone and GPS
- Pull over somewhere safe if you are drowsy

Don't

- Do not text or read messages while driving
- Do not reach for something that falls
- Do not use a phone while operating a crane, except for signal communications
- Do not call or text a coworker you know is driving
- Do not eat a full meal while driving

SAMPLE

Remember **Nothing is so urgent it cannot wait until you park.**